Contents

1 Preliminaries 1
1.1 Hydrostatic Equilibrium 2
1.2 An Energy Principle 3
1.3 The Virial Theorem and Its Applications 7
1.3.1 Application: Global Energetics 10
1.3.2 Application: The Kelvin–Helmholtz Time Scale 11
1.3.3 Application: A Dynamic Time Scale 13
1.3.4 Application: Estimates of Stellar Temperatures 13
1.3.5 Application: Another Dynamic Time Scale 14
1.4 The Constant-Density Model 16
1.4.1 Calculation of Molecular Weights 17
1.4.2 The Temperature Distribution 21
1.5 Energy Generation and Transport 21
1.6 Stellar Dimensional Analysis 24
1.7 Evolutionary Lifetimes on the Main Sequence 30
1.8 The Hertzsprung–Russell Diagram 30
1.9 Summary Remarks 32
1.10 Exercises 33
1.11 References and Suggested Readings 38

2 An Overview of Stellar Evolution 43
2.1 Young Stellar Objects (YSOs) 44
2.2 The Zero-Age Main Sequence (ZAMS) 47
2.2.1 Life on the Main Sequence 48
2.2.2 Brown Dwarfs 50
2.3 Leaving the Main Sequence 51
2.3.1 Cluster HR Diagrams 54
Cluster and Galactics Ages 56
2.3.2 Mass Loss From Massive Stars 57
2.4 Red Giants and Supergiants 60
2.5 Helium Flash or Fizzle 62
2.5.1 Helium Core Burning 65
Helium Core Exhaustion 66
2.5.2 Asymptotic Giant Branch 67
2.6 Later Phases, Initial Masses $\mathcal{M} \leq$6–10 $\mathcal{M}_\odot$ 69

2.6.1 A Bit About White Dwarfs 70
2.7 Advanced Phases, Initial Masses $\mathcal{M}$ >6–10 $\mathcal{M}_\odot$ 73
2.8 Core Collapse and Nucleosynthesis 75
2.8.1 Abundances and Nucleosynthesis 78
2.9 Variable Stars: A Brief Overview 83
2.9.1 Eclipsing and Ellipsoidal Variables 83
2.9.2 Spotted, Rotating Stars 84
2.9.3 T Tauri Stars, FU Orionis Stars (FUORs), and Luminous Blue Variables 84
2.9.4 Last Helium Flash and Formation of Atmospheric Dust 84
2.10 Pulsational Variables 85
2.11 Explosive Variables 89
2.11.1 Novae 90
2.11.2 Supernovae 94
SN1987A 97
SN Type I 100
SN Remnants 102
2.12 White Dwarfs, Neutron Stars, and Black Holes 103
2.13 Binary Stars 105
2.13.1 Types of Binaries 105
2.13.2 The Roche Geometry 107
2.13.3 Formation and Early Evolution 109
2.13.4 The First Mass Transfer Phase and its Consequences . 110
2.13.5 Systems With One Compact Component 113
2.13.6 The Second Phase of Mass Transfer 113
2.13.7 Binaries With Two Compact Components 114
2.14 Star Formation 116
2.15 Supplemental Material 120
2.16 Exercises 122
2.17 References and Suggested Readings 138

3 Equations of State 145
3.1 Distribution Functions 146
3.2 Blackbody Radiation 150
3.3 Ideal Monatomic Gas 152
3.4 The Saha Equation 155
3.5 Fermi–Dirac Equations of State 159
3.5.1 The Completely Degenerate Gas 160
3.5.2 Application to White Dwarfs 163
3.5.3 Effects of Temperature on Degeneracy 166
3.6 "Almost Perfect" Equations of State 171
3.7 Adiabatic Exponents and Other Derivatives 173
3.7.1 Keeping the Composition Fixed 174
Specific Heats 174
Adiabatic Exponents 175

Mixtures of Ideal Gases and Radiation 176
Mixtures of Degenerate and Ideal Gases 178
3.7.2 Allowing for Chemical Reactions 180
3.8 Exercises 184
3.9 References and Suggested Readings 189

4 Radiative and Conductive Heat Transfer 193
4.1 Radiative Transfer 193
4.2 The Diffusion Equation 199
4.2.1 A Brief Diversion into "∇s" 201
4.3 A Simple Atmosphere 202
4.4 Radiative Opacity Sources 207
4.4.1 Electron Scattering 208
4.4.2 Free–Free Absorption 209
4.4.3 Bound–Free and Bound–Bound Absorption 212
4.4.4 H^- Opacity and Others 213
4.5 Heat Transfer by Conduction 214
4.6 Tabulated Opacities 216
4.7 Some Observed Spectra 223
4.8 Line Profiles and the Curve of Growth 226
4.8.1 The Lorentz Profile 226
4.8.2 Doppler Broadening 228
4.8.3 Curve of Growth 230
4.9 Exercises 232
4.10 References and Suggested Readings 236

5 Heat Transfer by Convection 241
5.1 The Mixing Length Theory 241
5.1.1 Criteria for Convection 242
5.1.2 Radiative Leakage 247
5.1.3 The Equation of Motion 249
5.1.4 Convective Efficiencies and Time Scales 250
5.1.5 Convective Fluxes 253
5.1.6 Calculations in the MLT 254
5.1.7 Numeric Examples 255
5.2 Variations on the MLT 258
5.2.1 Beyond the MLT 261
5.2.2 Semiconvection 261
5.3 Hydrodynamic Calculations 263
5.4 Exercises 266
5.5 References and Suggested Readings 267

6 Stellar Energy Sources 271
6.1 Gravitational Energy Sources 271
6.2 Thermonuclear Energy Sources 273
6.2.1 Preliminaries 274
6.2.2 Nuclear Energetics 276
6.2.3 Astrophysical Thermonuclear Cross Sections and Reaction Rates 279
6.2.4 Nonresonant Reaction Rates 282
Example: The $^{12}\mathrm{C}\,(\mathrm{p},\gamma)\,^{13}\mathrm{N}$ Reaction 286
6.2.5 Resonant Reaction Rates 289
6.2.6 Other Forms of Reaction Rates 291
Neutron Capture and the S-Process 292
Weak Interactions 294
The Proton–Proton Reaction 296
6.2.7 Special Effects 297
6.3 The Proton–Proton Chains 299
6.3.1 Deuterium and Lithium Burning 303
6.4 The Carbon–Nitrogen–Oxygen Cycles 303
6.5 Helium-Burning Reactions 307
6.6 Carbon, Neon, and Oxygen Burning 311
6.7 Silicon "Burning" 313
6.8 Neutrino Emission Mechanisms 314
Pair Annihilation Neutrinos 315
Photoneutrinos and Bremsstrahlung Neutrinos 316
Plasma Neutrinos 317
6.9 Exercises 318
6.10 References and Suggested Readings 322

7 Stellar Modeling 329
7.1 The Equations of Stellar Structure 329
7.2 Polytropic Equations of State and Polytropes 331
7.2.1 General Properties of Polytropes 332
7.2.2 Numerical Calculation of the Lane–Emden Functions . 337
Shooting for a Solution 338
The Fitting Method 340
7.2.3 The U–V Plane 343
7.2.4 Newton-Raphson or "Henyey" Methods 345
7.2.5 Eigenvalue Problems and the Henyey Method 349
7.2.6 Dynamic Problems 351
7.2.7 The Eddington Standard Model 357
7.2.8 Applications to Zero-Temperature White Dwarfs 361
7.3 The Approach to Real Models 362
7.3.1 Central Expansions 362
7.3.2 The Radiative Stellar Envelope 363
The Structure of the Envelope 363

The Radiative Temperature Structure . . . 366
7.3.3 Completely Convective Stars . . . 367
A Question of Entropy . . . 370
Application to Pre-Main Sequence Evolution . . . 373
7.4 Exercises . . . 374
7.5 References and Suggested Readings . . . 376

8 Asteroseismology . . . 379
8.1 Adiabatic Radial Pulsations . . . 380
8.1.1 The Linear Adiabatic Wave Equation . . . 384
8.1.2 Some Examples . . . 385
8.1.3 Asymptotic Analysis . . . 388
8.2 Nonadiabatic Radial Motions . . . 391
8.2.1 The Quasi-Adiabatic Approximation . . . 394
8.2.2 The κ- and γ-Mechanisms . . . 397
The Epstein Weight Function and Cepheids . . . 399
8.2.3 Nonadiabaticity and the Cepheid Strip . . . 400
A Footnote on Nonlinear Modeling . . . 403
8.3 An Introduction to Nonradial Oscillations . . . 404
8.3.1 Linearization of the Hydrodynamic Equations . . . 404
8.3.2 Separation of the Pulsation Equations . . . 408
8.3.3 Properties of the Solutions . . . 412
Mode Classification . . . 415
The Eigenfunctions . . . 418
8.3.4 The Inverse Problem and Rotation . . . 419
Probing for Internal Rotation . . . 421
Solid Stars?! . . . 423
8.4 Exercises . . . 424
8.5 References and Suggested Readings . . . 427

9 Structure and Evolution of the Sun . . . 431
9.1 Vital Statistics of the Sun . . . 432
9.2 From the ZAMS to the Present . . . 434
9.2.1 The Sun on the ZAMS . . . 434
9.2.2 Evolution From the ZAMS . . . 437
9.2.3 The Present-Day Sun . . . 439
9.3 The Solar Neutrino "Problem" . . . 442
9.4 The Role of Rotation in Evolution . . . 448
9.4.1 von Zeipel's Paradox . . . 450
9.4.2 Rotational Mixing of Stellar Interiors . . . 452
9.5 Helioseismology . . . 454
9.5.1 Observed and Predicted Pulsation Frequencies . . . 455
9.5.2 Helioseismology and the Solar Interior . . . 456
Structural Inversions . . . 457
Rotational Inversions . . . 459

9.6 References and Suggested Readings 460

10 Structure and Evolution of White Dwarfs 467
10.1 Observed Properties of White Dwarfs 467
10.2 White Dwarf Evolution 469
10.2.1 Cooling of White Dwarfs 470
10.2.2 Realistic Evolutionary Calculations 472
10.3 The Magnetic White Dwarfs 477
10.3.1 Magnetic Field Decay 479
10.4 The Variable White Dwarfs 481
10.4.1 The Observed Variables 482
10.4.2 White Dwarf Seismology 482
White Dwarfs and the Whole Earth Telescope 485
10.5 Exercises 490
10.6 References and Suggested Readings 490

A Mini Stellar Glossary 497

B Table of Symbols and Physical Constants 503

C List of Journal Abbreviations 513

Index 515